

## 2023 District I Swimming Championships

1. The meet is set to be held at York YMCA on Friday, February 24<sup>th</sup> and Saturday, February 25<sup>th</sup>.
2. Nancy will email you the event files for team manager in early February.
3. **Coaches must e-mail their entries to Nancy Swanson at [nkswanson29@yahoo.com](mailto:nkswanson29@yahoo.com) by Tuesday, February 14<sup>th</sup> at 6pm.**

If your team is attending a last chance meet, please inform Nancy. Any team attending a last chance meet should have their entries submitted as soon as possible after the conclusion of the meet. Entries will not be accepted after Thursday, February 16<sup>th</sup> at 6pm.

4. AA and AAA Girls' sessions will be session 1 and 3(10:30 start) and AA and AAA Boys' sessions will be session 2 and 4(3:45 start). Please refer to the Time Line document for specifics.
5. Warm-up times will be finalized and e-mailed after the seeding meeting. There will be 3 warm-up sessions. Schools will be assigned to a warm-up session based on their distance from York. The closest schools will be in the first warm-up.
6. Each school's team will be assigned an area where they will sit based on the number of participants in the meet.
7. The meet will be live streamed. Details will be provided closer to the meet. Tickets will be sold to spectators similar to last year. More details will follow. We don't anticipate restrictions.
8. AA participant numbers will be a maximum of 16 swimmers (2 heats) and 8 relays (1 heat). There will be 2 alternates for each event.
9. AAA participant numbers will be a maximum of 40 swimmers (5 heats) and 24 relays (3 heats). There will be 2 alternates for each event.
10. Mandatory seeding meeting will be held via zoom on Sunday, February 19<sup>th</sup>. You will receive 2 links for zoom meetings. You only log into the earlier one if you have corrections or changes to your entries. Everyone must log into the later zoom meeting.

- a. 9:00am – AA scratch meeting. Only AA coaches needing to make changes should sign on at this time.
- b. 9:15am – AA coaches receive psych sheets via email. Text Nancy (215 237-3293) if you don't receive them. Coaches have 15 minutes to look over the psych sheets.
- c. 9:30am – **AA coaches mandatory zoom meeting.** Everyone logs on to the zoom meeting.
- d. 10:am – AAA scratch meeting. Only AAA coaches needing to make changes should sign on at this time.
- e. 10:15am – AAA coaches receive psych sheets via email. Text Nancy (215 237-3293) if you don't receive them. Coaches have 15 minutes to look over the psych sheets.
- f. 10:30am – **AAA coaches mandatory zoom meeting.** Everyone logs on.

All AA coaches must log into the zoom meeting at 9:30am. All AAA coaches must log into the zoom meeting at 10:30am. When these zoom meetings begin, coaches who would like to scratch an individual from an event for the purpose of entering them into a relay or would like to scratch an entire relay team must do so. After scratches are concluded, no further changes can be made to entries. Important information concerning Districts will follow. Coaches of teams who do not have any swimmers attending Districts may exit the meeting. Coaches who have swimmers at Districts must remain at the meeting till its conclusion.