

PIAA HIGH SCHOOL BASEBALL PITCHING RESTRICTION (6-1-6) Revised 7/17/2019

No pitcher may throw more than 100 pitches in a calendar day. A pitcher reaching the maximum pitch count for any level of rest during an at bat may continue to pitch to that batter, or any substitute for that batter, until such batter is put out or reaches first base, or until a third out has been made prior to the end of that at bat. The pitcher will be credited with the maximum number of pitches for that level.

No pitcher may appear on more than 2 consecutive days of competition.

A pitcher is limited to no more than 200 pitches in a Calendar Week (Sunday through Saturday). If a pitcher throws more than 100 pitches to complete an at-bat, that pitcher will be credited with 100 pitches for the appearance.

Team scorekeepers are requested to frequently confer with one another to confirm pitch counts (no less than once per inning). If a discrepancy occurs between the visiting and home pitch counts that cannot be resolved, the scorebook of the home team shall be the official book.

A representative of the school is required to record pitch counts for their players in MaxPreps, no later than 12:00 pm (noon) the day following a contest. Note: PIAA recommends using GameChanger, as it is a free app for Apple products, and can be easily synced with MaxPreps.

For District and Inter-District (state) contests a pitcher may throw 105 pitches in a calendar day and throw no more than 210 pitches in a Calendar week. All other rules and regulations apply to the pitching restriction. In addition, an official pitch counter, separate from each team, will be designated by the Contest Manager for the purpose of recording the pitch count.

INTERPRETATIONS:

No pitcher may throw more than 100 pitches in a calendar day. The limitation of 100 pitches in a calendar day is applied to stand-alone contests that are completed on the same calendar day. Games played as part of a double-header on the same day or a suspended contest picked up on a subsequent day, shall be treated as follows:

Double-Header: A player is limited to 100 pitches in a calendar day. If a player does not reach the 100 pitch limit in the first contest of a double-header, the player would be eligible to pitch in the second game of the double-header until such time they reach 100 pitches that same calendar day.

Suspended Contest: A player may pitch in the suspended contest subject to NFHS Baseball Rule 3-1, the required days of rest, and the maximum pitch count per Calendar Week (200 pitches). If a player is eligible to pitch the day the suspended contest is to be picked up, that player is eligible to throw 100 pitches that calendar day, regardless of the number of pitches thrown prior to the point of suspension on a previous day (subject to the Calendar Week limit).

Example: Player throws 60 pitches and is the pitcher of record at the point of suspension. The game is resumed four days later so the pitcher has had the required days of rest to be eligible to pitch in the continued game. That player may pitch 100 pitches in the resumed game, if necessary, before being removed from the game having reached the calendar day limit.

TOTAL NUMBER OF PITCHES THROWN	➔	REQUIRED DAYS OF REST
76 — 100	—	3 calendar days
51 — 75	—	2 calendar days
26 — 50	—	1 calendar day
1 — 25	—	No rest required

PIAA JUNIOR HIGH/MIDDLE SCHOOL BASEBALL PITCHING RESTRICTION (6-1-6)

The pitching restriction is a health and safety rule intended to limit the maximum number of pitches thrown in a calendar day and week. It is not intended to be used as playing rule limitation.

No pitcher may throw more than 75 pitches in a calendar day. A pitcher reaching the maximum pitch count for any level of rest during an at bat may continue to pitch to that batter, or any substitute for that batter, until such batter is put out or reaches first base, or until a third out has been made prior to the end of that at bat. The pitcher will be credited with the maximum number of pitches for that level.

No pitcher may appear on more than 2 consecutive calendar days of competition.

A pitcher is limited to no more than 150 pitches in a Calendar Week (Sunday through Saturday). If a pitcher throws more than 75 pitches to complete an at-bat, that pitcher will be credited with 75 pitches for the appearance.

Team scorekeepers are requested to frequently confer with one another to confirm pitch counts (no less than once per inning). If a discrepancy occurs between the visiting and home pitch counts that cannot be resolved, the scorebook of the home team shall be the official book.

TOTAL NUMBER OF PITCHES THROWN	➔	REQUIRED DAYS OF REST
61 — 75	—	4 calendar days
46 — 60	—	3 calendar days
31 — 45	—	2 calendar day
21 — 30	—	1 calendar day
1 — 20	—	No rest required